

Graduate Profile

Michael O'Toole

Art Therapist

Michael O'Toole graduated from CIT's MA Art Therapy in 2017. Since graduating Michael has worked in addiction clinics in Ireland and abroad. He has also worked for the Education Training Board in North Cork, working with refugee groups and disadvantaged families. Michael continues his work as an Art Therapist in the midlands and has plans to work abroad again in family support in disadvantaged areas.



Michael's advice

"My time on the Art Therapy course at CIT CCAD was an amazing experience. The Art Therapy course prepares you with a wealth of knowledge from guest lecturers to your own personal tutor and group supervisions. With the support from your tutors, well delivered lectures and workshops, the course works in theory and in practice and is well rounded for all types of thinkers. In this course you will gain the experience, knowledge and work ethics that will establish your own professional career."

Contact information

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Head of Department:
Ms Louise Foott
Department of Arts in
Health & Education,
CIT Crawford College of
Art & Design



How to Apply

Application	April 30th (subject to change)
Course Code	CR_ATHPY_9
Award Title	Master of Arts in Art Therapy
Duration	Full Time: 2 Years Part Time: 3 Years
Places	24
Location	CIT Crawford College of Art & Design, Department of Arts in Health & Education, 46 Grand Parade, Cork.

For admission to a programme, standard applicant must:

- › Apply through CIT online application at www.cit.ie
- › Attend a group and one-to-one interview

Entry Requirements

- › An Honors degree, or equivalent, in Visual Art or a relevant area. Where graduate qualifications are not in the visual arts, for example, Psychiatric Nursing, Social Work or Teaching, evidence of a developing body of ongoing art work is essential.
- › Minimum of one year, or equivalent, full-time clinical/care work in an area relevant to art therapy, paid or voluntary.
- › Strong portfolio of personal artwork showing an understanding of appropriate art form.
See website for guidelines http://www.cit.ie/course/CR_ATHPY_9
- › Two satisfactory references from clinical and professional persons who have knowledge of the candidate's education, training and experience.
- › A good understanding of the therapeutic and professional working of Art Therapy.
- › Pre-course experience of personal therapy or counselling is recommended.
- › Garda Vetting is a requirement

About the Course

The MA in Art Therapy is a two year taught Masters programme, providing professional training in Art Therapy. It follows three strands of training through theoretical studies, experiential learning and clinical placement.

- › **Theoretical Studies**
Models and approaches within the field of art therapy, developmental psychology and psychiatry are discussed and debated throughout the framework of lecture and seminar series.
- › **Experiential Art Therapy Training**
Students integrate theory and practice through participation in Experiential Workshops, Training Groups and continuing Studio Practice.
- › **Clinical Placement and Professional Studies**
Clinical placements are allocated to students where they are encouraged to conceptualise their personal experiences and theoretical understanding in relation to a variety of client groups.

For full course information: <http://www.cit.ie/course/CRATHPY9>

Career Opportunities

This MA programme leads to an internationally recognised professional qualification. It allows the graduate to practice Art Therapy as a therapeutic intervention with a broad spectrum of client groups in both health and community services sectors. Art therapists work in a wide variety of HSE and social care settings, including – adult and child psychiatry, education, palliative care, addiction services and community day centers. Many also work in private practice. On completion of the course graduates are eligible to register with the professional body for the Creative Therapies in Ireland, IACAT.

Potential Careers include

- Qualified Art Therapist employed by state institutions.
- › Working for the independent/charity organisations.
- › Private practice as an Art Therapist.
- › Arts in Health.
- › Arts in Social Care.
- › Arts in Education.
- › Community Arts.