

Graduate Profile

Mairead O'Callaghan

Arts Facilitator in a supported studio

As a facilitator in a supported studio within CIT CCAD, Mairead re-examines notions of inclusion, diversity, individualised supports and lifelong learning for the artist with intellectual disabilities. The real life setting of the supported studio helps to inform our understanding of the emerging role of creativity and art education for the wider community with intellectual disabilities, where relevant individualised experiences and enabling are central concepts.



Mairead's advice

“As a former teacher, the unavoidable race for points was always in conflict with my appreciation of the individualised nature of the creative process. The Certificate in Arts in Group Facilitation allowed me to explore the space between art therapy and traditional curriculum based arts education.

My advice to students would be to enter their studies with integrity and trust. Ultimately the course taught me that facilitating others to engage their creativity was my true interest.”

Contact information

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Course Co-ordinator:
Jessica Carson

Head of Department:
Ms Louise Foott
Department of Arts in
Health & Education,
CIT Crawford College of
Art & Design



How to Apply

Application	May 31st (subject to change)
Course Code	CR_AGRPA_8
Award Title	Certificate in Arts in Group Facilitation
Duration	1 Year Part time This course runs in three-day blocks once a month
Places	15
Location	CIT Crawford College of Art & Design, Department of Arts in Health & Education, 46 Grand Parade, Cork.

For admission to a programme, standard applicant must:

- > Apply through CIT online application at www.cit.ie
- > Applicants will be invited to present a small visual portfolio at interview

Applicants normally require the following

- > Relevant experience
- > Personal statement about your reason for applying to this course

About the Course

The Arts in Group Facilitation is a Level 8 (10 ECTS on the National Framework of Qualifications) certificate comprising of two 5 credit assessed modules. It focuses on the practical skills of planning and running creative workshops with groups in a range of non-formal contexts.

Participants learn these skills through experiential learning processes, taking part in visual arts, drama, dance and music workshops and reflecting on the experience; the breadth of knowledge held within a group-learning environment is valued. The focus is on acknowledging the individual within learning, recognizing the importance of play and the need for learning to be engaging. There is a strong emphasis on engaging with diversity and learning to adapt a range of arts approaches to meet the varying needs within a group.

The Arts in Group Facilitation Certificate trains participants to facilitate workshops in a broader community context, working through the arts to empower group members.

For full course information: <http://www.cit.ie/course/CRAGRPA8>
<https://crawford.cit.ie/courses/group-facilitation/>

Career Opportunities

This course will suit:

- > Arts graduates who want to work in a health or social context
- > Educators in both formal and informal learning sector looking for fresh ways to inspire learners
- > Social workers/community workers looking for arts-based approaches to group work

Further Studies

Master of Arts (by Research),
Professional Master of Education (Art & Design)

Potential Careers include

- > Art Facilitator
- > Arts in Community Practice
- > Arts in Social Care
- > Arts in Education
- > Arts in Health

